

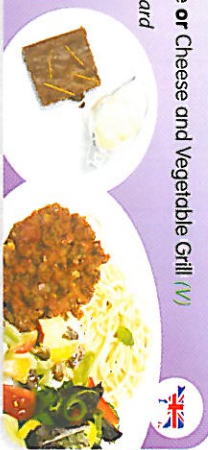
Menu Week 1

All main meals are served with pasta, rice or potatoes and a selection of fresh seasonal vegetables or salad. Bread basket, yoghurt and fresh fruit available daily.

Monday

Spaghetti Bolognese or Cheese and Vegetable Grill (V)

Packed Lunch Option:
Tuna Baguette
Carrot Cake



Chicken Pie or Oriental Vegetarian Stir Fry with Noodles (V)

Packed Lunch Option:
Ham Roll
Gingerbread Biscuit



Wednesday

Roast Pork with Apple Sauce or Connelloni Verdi (V)

Cookie Ice Cream
or Lead Fruit Smoothie



Thursday

Breaded Salmon or Golden Baked Bean Pie (V)

Chocolate Muffin
with Fruit Juice



Friday

Suffolk Pork Sausages or Favourite Pizza (V)

Banana Flapjack
with Custard



Examples of the Delicious Packed Lunches available
Each Packed Lunch contains a portion of fresh fruit, crunchy vegetable sticks and fruit juice



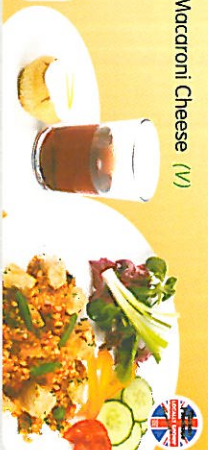
Menu Week 2

All main meals are served with pasta, rice or potatoes and a selection of fresh seasonal vegetables or salad. Bread basket, yoghurt and fresh fruit available daily.

Monday

Chicken Risotto or Macaroni Cheese (V)

Lemon Cupcake
with Fruit Juice



Tuesday

Pork Patties with Gravy or Jacket Potato with Baked Beans (V)

Cinnamon and Raisin Bun with Milkshake



Wednesday

Roast Chicken with Stuffing or Savoury Quiche (V)

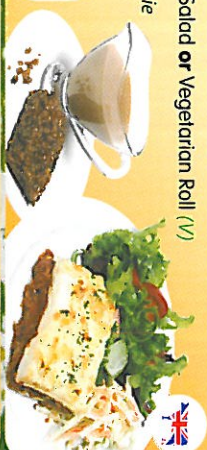
Strawberry Shortcake
or Fruit Salad with Ice Cream



Thursday

Lasagne with Side Salad or Vegetarian Roll (V)

Chocolate Rice Krispie
Cake with Custard



Friday

Fish Fingers or Favourite Pizza (V)

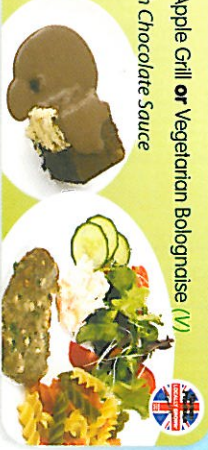
Arctic Roll or Frozen Yoghurt



Monday

Pork and Bramley Apple Grill or Vegetarian Bolognese (V)

Marble Sponge with Chocolate Sauce



Tuesday

Fish Cake or Jacket Potato with Cheese and Coleslaw (V)

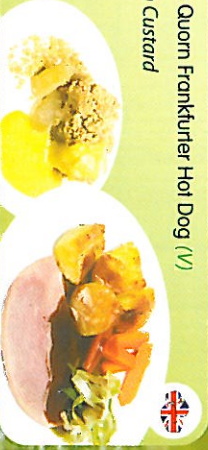
Yorkshire Jam Tart with Custard



Wednesday

Roast Gammon or Quorn Frankfurter Hot Dog (V)

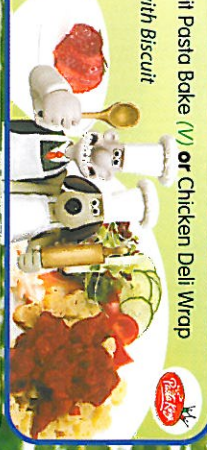
Apple Crumble with Custard



Thursday

Wallace and Gromit Pasta Bake (V) or Chicken Deli Wrap

Favourite Mousse with Biscuit



Friday

Burger on a Bun with Salad or Favourite Pizza (V)

Doughnut Muffin
and Milkshake



Menu dates for Hertfordshire schools

Menu Week 1

Menu Week 2

Menu Week 3

Holidays

Bank Holidays

Wallace & Gromit Day

MON TUES WED THUR FRI SAT SUN

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

MAY

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JULY

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SEPTEMBER

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

OCTOBER

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Holiday dates are subject to local variations - please check with your child's school for accuracy.
Some photographs and food garnishes are for illustration purposes only.
Some menus or items on the menu are subject to change without notice. We apologise in advance if this happens.

Key

- McCaIn Product
- Birds Eye Product
- UK Beef
- UK Chicken
- UK Pork
- UK Potatoes
- UK Locally Grown
- UK Vegetarian (V)